



For more support and tips
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*Mojo's Hopes is an Associate Certified Cat Behavior Consultant (ACCBC)
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Here is a list of some activities you can do with your cat(s):

- Puzzle Feeders
- Scratchers
- Crates/shelves
- Wand Toys
- Ball toys
- Mouse toys
- Vertical space
- Music (“Through a Cat’s Ear” program)

Paper bags

Not only are paper bags tons of fun to pounce on and scoot, they also come with an added bonus because they offer a place for a timid cat to hide.

Paper balls

If you have paper headed for the recycling bin, wad some up and toss it to your kitties.

Pipe cleaners

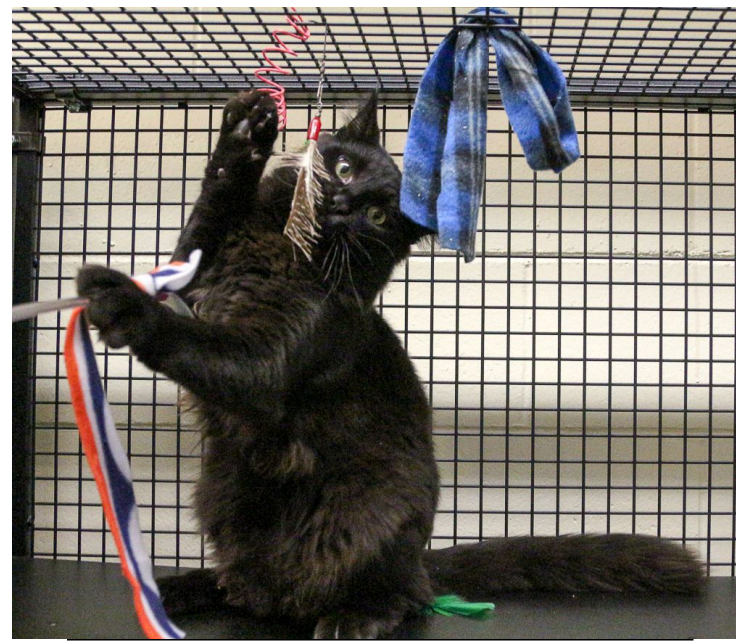
Make chains out of pipe cleaners and let kitties bat them around.

Wine corks, milk caps, and paper towel rolls

When cut into manageable sizes, are all good toys.

Puzzle toys

Cut holes in a small box or plastic container and put kibble inside. This can be especially appealing to cats who are motivated by food. You can also purchase puzzle feeder toys.



Clicker training

This enrichment tool teaches the cat to respond positively to simple commands.

Rotate toys

Make sure you rotate new toys every day or two so they have something new and fresh to pique their interest.

Milk crates

Build a fun jungle gym.

Perpetual motion activities

Utilize an aquarium or a motor-activated toy in a bowl of water.

Cat videos

Providing visual stimulation, your cat can learn the pattern of the sounds and movements of the animals in the videos, which helps keep their minds active.

Access to windows

If possible, provide access to windows so he/she can receive natural light and visual stimulation (as long as the window does not frighten him/her).

Scratchers can be purchased, <https://www.stretchandscratch.com/> which are made to fit in kennels or they can even be made using carpet remnants and curtain rings to attach to the kennels.

<http://www.sheltermedicine.vet.cornell.edu/Resources/documents/EnrichmentProtocol-forCats.pdf>,

<http://www.sheltermedicine.vet.cornell.edu/Resources/documents/CatEnrichmentLogSheet.pdf>,

http://www.theverticalcat.com/CATify-Your-Home_ep_48.html